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Coping With Grieving And Loss



Synopsis

Book by Giddens, Sandra, Giddens, Owen

Book Information

Series: Coping

Library Binding: 122 pages

Publisher: Rosen Pub Group (December 1999)

Language: English

ISBN-10: 0823928942

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Product Dimensions: 0.5 x 6.2 x 9.2 inches

Shipping Weight: 13.4 ounces

Average Customer Review: 5.0 out of 5 stars 2 customer reviews

Best Sellers Rank: #1,087,962 in Books (See Top 100 in Books) #35 in [Books > Teens > Social Issues > Death](#) #874 in [Books > Teens > Education & Reference > Social Science](#) #1831 in [Books > Self-Help > Relationships > Love & Loss](#)

Age Range: 12 and up

Grade Level: 7 and up

Customer Reviews

Gr 6-10-Concentrating on the person rather than the disorder, Apel's upbeat and refreshing book offers hope and practical advice for stutterers and concise information for reports. The text begins with a typical scenario a stuttering teenager might face. The author names several famous people, such as Marilyn Monroe, who successfully overcame the affliction and goes to great lengths to correct the common misconception that stuttering is linked to emotional problems. Treatments that can reduce if not alleviate the problem are described. The book gives practical advice on how others can best listen and respond to a person who stutters. The Giddens begin their title with an explanation of loss, grief, and mourning, followed by in-depth discussions of the emotions one might expect to experience at a funeral and throughout different stages of recovery. The reflections of teens who are going or have gone through the grieving process are interspersed throughout. The "Violence in the Schools" chapter, touching on the Columbine High School tragedy, adds a useful reference dimension to the book. Another chapter, "Coping with Loss," includes self-assessment tools and strategies to further along the healing process.-Pamela S. Bacon, Southmont High School, Crawfordsville, IN Copyright 2000 Cahners Business Information, Inc.

The reviewed copy is in hardback. The introduction includes the religious aspects of the grieving process, covering the major religions and having a strong discussion on Jewish traditions, but not to the exclusion of other religious perspectives. The book is heavy on first person quotes and would be best for the advanced reader and person who wants to have a deeper thought process. The book is written to the grieving teen, but provides insight for the family and others surrounding the teen.

I had just recently lost a loved one. When I read this book I realized it was normal to go through periods of anger and denial. It helped me understand that other teenagers as well as I had also been through similar experiences. I recommend this book if you have lost anyone close to you. I know that for me it was an aid and helped me move on in life.

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